

Reminder -

You must tell your doctor and pharmacist about all over-the-counter medications you are using, including pain creams, vitamins, and natural products.

Always know how long and how often to take your medication.

People with medical conditions such as high blood pressure, diabetes, and high cholesterol may not be able to take an OTC drug.



Tips

Allergies to food, medication, bug bites, and other allergens can affect how a medication works.

Always ask if there are certain activities or foods you should avoid while taking your medication.

Many pill boxes have 1-800 numbers where you can call and get information.

Always read your OTC medication labels thoroughly and consult a pharmacist before treating yourself for any condition.



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